



# CONNECTOR DIRECTORY



Version 4 – 22/11/2023



## Welcome to the Business Connector Directory

This Directory is an information tool for Businesses to use in two simple ways and in doing so helping your staff team and customers. This is another great way of meeting Corporate Social Responsibility.

You know your customers and staff team and will know when things don't seem right so you can use the directory to do simple signposting.

All services are in alphabetic order of the name of the issue at hand. Please see contents page for relevant page number of the service that maybe useful.

**EXAMPLE 1.** Where it will benefit is when a staff member picks up information from the staff room or notice board and gets help so that their private issue doesn't become a crisis leading to time off work.

**EXAMPLE 2.** Where a customer receives help or knows that through signing up to be a Business Community Connector it helps support your brand as a community conscious organisation when people make decisions about who to purchase from.

The Directory will be updated by Community Together CIC quarterly and emailed out to the lead contact for the scheme. We check all services in the directory are relevant, operating and make any changes where necessary so you have the most up to date information as possible.

Thank you for signing up as a Business Community Connector.

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## ABUSE

SARAC – Sexual Abuse and Rape Advice Centre	<a href="http://www.sarac.org.uk">www.sarac.org.uk</a>	01283 517 185
Staffordshire Women's Aid	<a href="http://www.staffordshirewomensaid.org">www.staffordshirewomensaid.org</a>	0300 330 5959
Victim Support	<a href="http://www.victimsupport.org.uk">www.victimsupport.org.uk</a>	08081 689 111

## ADDICTION

Gamblers Anonymous Tamworth	<a href="http://www.gamblersanonymous.org.uk">www.gamblersanonymous.org.uk</a>	tamworthga@hotmail.com 0330 094 0322
R-Solv – misuse of solvents, gases, and legal highs	<a href="http://www.re-solv.org">www.re-solv.org</a>	01785 817 885
Humankind	<a href="http://www.humankindcharity.org.uk">www.humankindcharity.org.uk</a>	01325 731 160
Al-Anon Family Groups	<a href="http://www.al-anonuk.org.uk">www.al-anonuk.org.uk</a>	0800 0086 811
BAC & O'Connor	<a href="http://www.bacandoconnor.co.uk">www.bacandoconnor.co.uk</a>	01283 537 280
Better Way Recovery	<a href="http://www.betterwayrecovery.org.uk">www.betterwayrecovery.org.uk</a>	0742 6351 853
NHS Gambling Information	<a href="http://w.nhs.uk/live-well/addiction-support/gambling-addiction/">w.nhs.uk/live-well/addiction-support/gambling-addiction/</a>	01785 221 662
Aquarius Gambling	<a href="https://aquarius.org.uk/our-services/adult-services/gambling/">https://aquarius.org.uk/our-services/adult-services/gambling/</a>	0121 622 8181
STARS Staffordshire Treatment And Recovery Service	<a href="http://www.stafftreatmentandrecovery.co.uk">www.stafftreatmentandrecovery.co.uk</a>	01827 50664
Talk to Frank	<a href="http://www.talktofrank.com">www.talktofrank.com</a>	0300 123 6600

## ADHD

In It Together	<a href="http://in-it-together.weebly.com">in-it-together.weebly.com</a>	initttogether.tamworth@gmail.com
Self Sufficient Children Tamworth	<a href="https://self-sufficient-children.ueniweb.com">https://self-sufficient-children.ueniweb.com</a>	07465 953 169
ADHD and You	<a href="http://www.adhdandyou.co.uk">www.adhdandyou.co.uk</a>	N/A

## ADVICE

Citizens Advice Bureau	<a href="http://www.citizensadvicemidmercia.org.uk">www.citizensadvicemidmercia.org.uk</a>	08082 787 972
Citizens Advice Bureau Debt Line	<a href="http://www.citizensadvicemidmercia.org.uk">www.citizensadvicemidmercia.org.uk</a>	01332 228 74
Beat the Cold	<a href="http://www.beatcold.org.uk">www.beatcold.org.uk</a>	0800 389 2258 or 01782 914 915
National Energy Action Action for Warm Homes	<a href="http://www.nea.org.uk/who-we-are/about-nea/">www.nea.org.uk/who-we-are/about-nea/</a>	Energy Advice 0800 304 7159  Benefit Advice 0800 138 8218
Tamworth CAN (Community Advice Network)	N/A	01827 768 809

## ADVOCACY

Total Voice Staffordshire		01785 336 3687
Voice Ability	<a href="http://www.voiceability.org.uk">www.voiceability.org.uk</a>	0300 303 1660
Asist	<a href="http://www.asist.co.uk">www.asist.co.uk</a>	01782 845 584
Health Watch	<a href="http://www.healthwatch.co.uk">www.healthwatch.co.uk</a>	0800 051 8371
PohWER	<a href="http://www.pohwer.net">www.pohwer.net</a>	0300 456 2370

## ANTI SOCIAL BEHAVIOUR

Victim Support	<a href="http://www.victimsupport.org.uk">www.victimsupport.org.uk</a>	0808 1689 111
Harmony ABS and Mediation Services	<a href="http://www.staffordshire-pfcc.gov.uk/supporting-victims/anti-social-behaviour/">www.staffordshire-pfcc.gov.uk/supporting-victims/anti-social-behaviour/</a>	0330 1757 258 Out of Hours 0808 16 89 111

## AUTISM

Staffordshire Adults Autistic Society	<a href="https://saascharity.org">https://saascharity.org</a>	01782 616 555
In It Together	<a href="http://in-it-together.weebly.com">in-it-together.weebly.com</a>	<a href="mailto:Inittogether.tamworth@gmail.com">Inittogether.tamworth@gmail.com</a>
Self Sufficient Children Tamworth	<a href="https://self-sufficient-children.ueniweb.com">https://self-sufficient-children.ueniweb.com</a>	07465 953 169

## BEFRIENDING

Community Together CIC	<a href="http://www.communitytogethercic.org.uk">www.communitytogethercic.org.uk</a>	01827 59646
Age UK	<a href="http://www.ageuk.org.uk/staffordshire/">www.ageuk.org.uk/staffordshire/</a>	01785 788477
Make New Friends	<a href="http://www.makenewfriends.org.uk">www.makenewfriends.org.uk</a>	07785 759 863

## BENEFITS AND RIGHTS

Staffordshire County Council	<a href="http://www.staffordshire.gov.uk">www.staffordshire.gov.uk</a>	0300 111 8050
Citizens Advice Bureau	<a href="http://www.citizensadvicemidmercia.org.uk">www.citizensadvicemidmercia.org.uk</a>	08082 787 972
The Money Advice Service	<a href="http://www.moneyadviceservice.org.uk">www.moneyadviceservice.org.uk</a>	0800 138 7777
Money Helper	<a href="http://www.moneyhelper.org.uk/en">www.moneyhelper.org.uk/en</a>	N/A
National Energy Action Action for Warm Homes	<a href="http://www.nea.org.uk/who-we-are/about-nea/">www.nea.org.uk/who-we-are/about-nea/</a>	Benefit Advice 0800 138 8218

## BEREAVEMENT

Help Point Sacred Heart Church	<a href="http://www.stgileshospice.com">www.stgileshospice.com</a>	01543 434 535
Cruse	<a href="http://www.cruse.org.uk">www.cruse.org.uk</a>	0808 808 1977
OASIS St Paul Fazeley	<a href="http://www.peelparishes.org/oasis">www.peelparishes.org/oasis</a>	01827 289 414
Sue Ryder	<a href="http://www.sueryder.org/how-we-can-help/bereavement-information">www.sueryder.org/how-we-can-help/bereavement-information</a>	0808 164 4572
A Child of Mine	<a href="http://www.achildofmine.org.uk">www.achildofmine.org.uk</a>	07803 751 229
Dads Support	<a href="http://www.thedadsnet.com/coping-with-loss-after-miscarriage/">www.thedadsnet.com/coping-with-loss-after-miscarriage/</a>	N/A
Sudden Death	<a href="http://www.sudden.org">www.sudden.org</a>	N/A
Strong Men Telephone based peer support	<a href="http://www.strongmen.org.uk/services/man2man/">www.strongmen.org.uk/services/man2man/</a>	0800 915 0400

## BLIND (PARTIALLY SIGHTED)

Macular Society	<a href="http://www.macularsociety.org">www.macularsociety.org</a>	0300 3030 111
Royal National Institute of Blind People	<a href="http://www.rnib.org.uk">www.rnib.org.uk</a>	0303 123 9999
Royal Society for Blind Children	<a href="http://www.rsbc.org.uk">www.rsbc.org.uk</a>	020 3198 0225
Tamworth Talking Newspaper	N/A	01827 287344
Monday Club, Masonic Rooms, Tamworth	N/A	01827 61773
Staffordshire County Council	<a href="http://www.staffordshire.gov.uk/Libraries/Library-services/Reading/Blind-and-partially-sighted-customers.aspx">www.staffordshire.gov.uk/Libraries/Library-services/Reading/Blind-and-partially-sighted-customers.aspx</a>	0300 111 8010
Blind Veterans UK	<a href="http://www.blindveterans.org.uk/">www.blindveterans.org.uk/</a>	0300 111 2233

## CANCER SUPPORT

Tamworth Wellbeing Cancer Support Centre	<a href="http://www.tamworth-wellbeing-cancer-support.com">www.tamworth-wellbeing-cancer-support.com</a>	01827 899 590 or 07368 265 984
Marie Curie	<a href="http://www.mariecurie.org.uk">www.mariecurie.org.uk</a>	0800 090 2309
Macmillan	<a href="http://www.macmillan.org.uk/cancer-information-and-support">www.macmillan.org.uk/cancer-information-and-support</a>	0808 808 00 00
St Giles Hospice Specialist Women's Cancer Support Service	<a href="http://www.stgileshospice.com/specialist-womens-cancer-support-service/">www.stgileshospice.com/specialist-womens-cancer-support-service/</a>	01543 432 031
Cancer Research	<a href="http://www.cancerresearchuk.org">www.cancerresearchuk.org</a>	0300 123 1022

## CARE HOMES

Care Home	<a href="http://www.carehome.co.uk/care_search_results.cfm/searchtown/Tamworth">www.carehome.co.uk/care_search_results.cfm/searchtown/Tamworth</a>	0800 808 5852
Care Home Selection	<a href="https://carehomeselection.co.uk">https://carehomeselection.co.uk</a>	0808 175 3609

## CARERS

Staffordshire Together for Carers	<a href="http://www.n-compass.org.uk/our-services/carers/staffordshire-together-for-carers-service">www.n-compass.org.uk/our-services/carers/staffordshire-together-for-carers-service</a>	0300 303 0621
Coffee and Chat, Sacred Heart Church, Glascoate, Staffordshire Together for Carers	N/A	0300 303 0621
Carers Trust	<a href="https://carers.org">https://carers.org</a>	0300 772 9600
Staffordshire County Council	<a href="http://www.staffordshire.gov.uk/Advice-support-and-care-for-adults/Carers/Carers-Overivew.aspx">www.staffordshire.gov.uk/Advice-support-and-care-for-adults/Carers/Carers-Overivew.aspx</a>	0300 111 8000

## COUNSELLING

YESS Your Emotional Support Service	<a href="https://yess.uk">https://yess.uk</a>	01889 567 756
Mind Burton and District	<a href="http://www.burtonmind.co.uk">www.burtonmind.co.uk</a>	01283 566696
Talking Therapies (Previously Wellbeing Matters)	<a href="https://staffsandstoketalkingtherapies.nhs.uk">https://staffsandstoketalkingtherapies.nhs.uk</a>	01827 263 838



## CRIME

Uniting Staffordshire Against Hate (Part of Victim Gateway Service)	<a href="http://www.staffsvictimsgateway.org.uk">www.staffsvictimsgateway.org.uk</a>	0330 0881 339
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## DAY OPPORTUNITIES

Young at Heart Day Club, Comberford Lane, Wiggington	<a href="http://www.youngathearttamworth.com">www.youngathearttamworth.com</a>	01827 283 888
Age UK Day Centre, Cygnet Drive, Tamworth	<a href="http://www.ageuk.org.uk/staffordshire/our-services/day-opportunities/victoria-house/">www.ageuk.org.uk/staffordshire/our-services/day-opportunities/victoria-house/</a>	01827 60112
Manor House, Hockley Road, Wilnecote	<a href="http://www.themanorhousetamworth.org.uk">www.themanorhousetamworth.org.uk</a>	01827 254 544
Creative Choices CIC	<a href="http://www.creativechoicescic.co.uk">www.creativechoicescic.co.uk</a>	01827 68666
Care First Ltd	<a href="https://carefirstltd.co.uk">https://carefirstltd.co.uk</a>	0121 308 6555
Briars Barn	<a href="http://www.briarsbarn.co.uk">www.briarsbarn.co.uk</a>	01827 896 454

## DAYS OUT/TRIPS

Kendall and Wall Charitable Trust	<a href="http://www.kendallandwall.org">www.kendallandwall.org</a>	01543 897 131
Community Together CIC	<a href="http://www.communitytogethercic.org.uk">www.communitytogethercic.org.uk</a>	01827 59646
Sunset Travel Club	N/A	Harold 01827 703 669 07494 438 250

## DEBT/FINANCIAL SUPPORT

Severn Trent Trust Fund	<a href="http://www.sttf.org.uk">www.sttf.org.uk</a>	0121 355 7766
W E Dunn Trust	<a href="https://grants-search.turn2us.org.uk/grant/the-w-e-dunn-trust-15876">https://grants-search.turn2us.org.uk/grant/the-w-e-dunn-trust-15876</a>	01564 773 407
Advice Now	<a href="http://www.advicenow.org.uk">www.advicenow.org.uk</a>	N/A
The Community Foundation	<a href="https://staffordshire.foundation">https://staffordshire.foundation</a>	01785 339 540
Citizens Advice Bureau	<a href="http://www.citizensadvicemidmercia.org.uk">www.citizensadvicemidmercia.org.uk</a>	08082 787 972
Hope 4U	<a href="http://www.hope4u.co.uk">www.hope4u.co.uk</a>	0300 320 2140
National Energy Action Action for Warm Homes	<a href="http://www.nea.org.uk/who-we-are/about-nea/">www.nea.org.uk/who-we-are/about-nea/</a>	Energy Advice 0800 304 7159  Benefit Advice 0800 138 8218

## DEMENTIA

Alzheimer Society	<a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>	01543 573 936
Dementia UK	<a href="http://www.dementiauk.org">www.dementiauk.org</a>	0800 888 6678
Memory Café, Sacred Heart Church	<a href="http://www.heartoftamworth.org/memory-cafe/">www.heartoftamworth.org/memory-cafe/</a>	01827 431002 or 01543 625 002
Dementia Caring, Time Out Club, Elford Village Hall	<a href="https://dementiacaring.org.uk/home">https://dementiacaring.org.uk/home</a>	0776 969 0244
Young at Heart Day Club, Comberford Lane, Wiggington	<a href="http://www.youngathearttamworth.com">www.youngathearttamworth.com</a>	01827 283 888
Manor House Day Centre, Hockley Road, Wilnecote	<a href="http://www.themanorhousetamworth.org.uk">www.themanorhousetamworth.org.uk</a>	01827 254 544
Age UK Day Centre, Cygnet Drive, Tamworth	<a href="http://www.ageuk.org.uk/staffordshire/our-services/day-opportunities/victoria-house/">www.ageuk.org.uk/staffordshire/our-services/day-opportunities/victoria-house/</a>	01785 788 482
Zest for Life, High Rise Social Club, Balfour	N/A	07546 906 028
Minds Together, Cognitive Stimulation Therapy	N/A	01827 259 955
Dementia Choir, Elim Church, Bamford Street	<a href="http://www.tamworth-elim.org.uk/Groups/333817/Calendar.aspx">www.tamworth-elim.org.uk/Groups/333817/Calendar.aspx</a>	01827 302 430
Love to Move, Clifton Campville	<a href="http://www.britishgymnasticsfoundation.org/lovetomove/">www.britishgymnasticsfoundation.org/lovetomove/</a>	01827 431 002
Phoenix Club, Wood End Club, Atherstone	<a href="http://www.phoenixgroup-nwarks.org.uk">www.phoenixgroup-nwarks.org.uk</a>	01827 717135 or 0750 056 9690
Sing for Fun, Community Together CIC	<a href="http://www.communitytogethercic.org.uk">www.communitytogethercic.org.uk</a>	01827 59646
Singing for the Brain, Christchurch Lane, Lichfield	<a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>	01543 573 936
Staffordshire Police – Herbert Protocol	<a href="http://www.staffordshire.police.uk/advice/advice-and-information/missing-person/missing-persons/vulnerable-people-at-risk-of-going-missing/">www.staffordshire.police.uk/advice/advice-and-information/missing-person/missing-persons/vulnerable-people-at-risk-of-going-missing/</a>	<a href="http://www.staffordshire.police.uk/contact/af/contact-us-beta/contact-us/">www.staffordshire.police.uk/contact/af/contact-us-beta/contact-us/</a>

## DIGITAL SKILLS

South Staffordshire College	<a href="http://www.southstaffs.ac.uk/careers/adult-learners/digital-skills-centre/">www.southstaffs.ac.uk/careers/adult-learners/digital-skills-centre/</a>	0300 456 24 24
Community Learning Service Staffordshire County Council	<a href="https://staffordshirecommunitylearning.org.uk">https://staffordshirecommunitylearning.org.uk</a>	01785 278 770 or 01543 334 537
Tamworth Central Library	<a href="http://www.staffordshire.gov.uk/Libraries/branchlibraries/TamworthLibrary/TamworthLibrary.aspx">www.staffordshire.gov.uk/Libraries/branchlibraries/TamworthLibrary/TamworthLibrary.aspx</a>	01827 782 124
Steps to Work Skills for Life	<a href="http://www.stepstowork.co.uk/nifty-numbers/">www.stepstowork.co.uk/nifty-numbers/</a>	07935 711 422
Ability Net	<a href="https://abilitynet.org.uk">https://abilitynet.org.uk</a>	0800 048 7642
Learn My Way	<a href="http://www.learnmyway.com">www.learnmyway.com</a>	N/A

## DISABILITY AND MOBILITY AIDS

Grace Cares Pre-Loved Care Equipment	<a href="https://grace-cares.com">https://grace-cares.com</a>	01543 326819
Complete Care Shop	<a href="http://www.completecareshop.co.uk">www.completecareshop.co.uk</a>	0330 160 000
Midshires Mobility Group	<a href="http://www.midshiresgroup.co.uk">www.midshiresgroup.co.uk</a>	01889 582 332
Medequip Community Equipment Service	<a href="http://www.medequip-uk.com/contact/stafford">www.medequip-uk.com/contact/stafford</a>	01785 273950
Mobility & Lifestyle 5 Colehill, Tamworth	<a href="http://www.mobilityandlifestyle.co.uk">www.mobilityandlifestyle.co.uk</a>	01827 216 111
Proud Hands British Sign Language	<a href="http://www.proudhandsbsl.com">www.proudhandsbsl.com</a>	07920 433 638
My Home Helper	<a href="http://www.myhomehelper.co.uk/home/home.aspx">www.myhomehelper.co.uk/home/home.aspx</a>	info@myhomehelper.co.uk
Age UK	<a href="http://www.ageuk.org.uk/products/mobility-and-independence-at-home/">www.ageuk.org.uk/products/mobility-and-independence-at-home/</a>	
Happy at Home Staffordshire County Council	<a href="http://www.staffordshire.gov.uk/Advice-support-and-care-for-adults/Help-and-support-with-daily-living/Daily-living-equipment-and-technology/Support-at-home.aspx">www.staffordshire.gov.uk/Advice-support-and-care-for-adults/Help-and-support-with-daily-living/Daily-living-equipment-and-technology/Support-at-home.aspx</a>	
Careline365	<a href="http://www.careline.co.uk">www.careline.co.uk</a>	0800 101 3333
Living Made Easy	<a href="https://livingmadeeasy.org.uk">https://livingmadeeasy.org.uk</a>	info@dlf.org.uk

## DOMESTIC VIOLENCE/ABUSE

TSB Emergency Flee Fund	<a href="http://www.tsb.co.uk/news-releases/tsb-launches-emergency-flee-fund-for-domestic-abuse-victims/">www.tsb.co.uk/news-releases/tsb-launches-emergency-flee-fund-for-domestic-abuse-victims/</a>	N/A
Pathway Project	<a href="http://www.pathway-project.co.uk">www.pathway-project.co.uk</a>	01543 676 800
New Era	<a href="http://www.new-era.uk">www.new-era.uk</a>	Victims 0300 303 3778 Perpetrators 0300 373 5772
Victim Support	<a href="http://www.victimsupport.org.uk">www.victimsupport.org.uk</a>	08081 689 111
SARAC – Sexual Abuse and Rape Advice Centre	<a href="http://www.sarac.org.uk">www.sarac.org.uk</a>	01283 517 185

## EDUCATION

South Staffordshire College	<a href="http://www.southstaffs.ac.uk">www.southstaffs.ac.uk</a>	0300 456 24 24
Burton and South Derbyshire College	<a href="http://www.bsdc.ac.uk">www.bsdc.ac.uk</a>	01283 494 400
Skills for Life	<a href="https://skillsforlife.campaign.gov.uk/">https://skillsforlife.campaign.gov.uk/</a>	N/A
National Carers Service	<a href="https://nationalcareers.service.gov.uk">https://nationalcareers.service.gov.uk</a>	0800 100 900
Community Learning Service Staffordshire County Council	<a href="https://staffordshirecommunitylearning.org.uk">https://staffordshirecommunitylearning.org.uk</a>	01785 278 770 Or 01543 334 537
Steps to Work	<a href="http://www.stepstowork.co.uk">www.stepstowork.co.uk</a>	01922 627 555

## ELDERLY SUPPORT

Friends of the Elderly (FOTE)	<a href="http://www.fote.org.uk">www.fote.org.uk</a>	020 7730 8263
Independent Age	<a href="http://www.independentage.org">www.independentage.org</a>	0800 319 6789
Age UK	<a href="http://www.ageuk.org.uk/staffordshire/">www.ageuk.org.uk/staffordshire/</a>	01785 788 494 or 01827 60112
Dementia UK	<a href="http://www.dementiauk.org">www.dementiauk.org</a>	0800 888 6678
Royal Voluntary Service	<a href="http://www.royalvoluntaryservice.org.uk">www.royalvoluntaryservice.org.uk</a>	0808 196 3382

## FAMILY SUPPORT

Malachi	<a href="http://www.malachi.org.uk">www.malachi.org.uk</a>	0121 441 4556
Love Inspire Foundation	<a href="http://www.loveinspirefoundation.co.uk">www.loveinspirefoundation.co.uk</a>	07838 516 607
Home Start	<a href="https://homestarttamworth.org.uk">https://homestarttamworth.org.uk</a>	01827 62400
Family Rights Group	<a href="http://www.frg.org.uk">www.frg.org.uk</a>	0808 801 0366
There For You Advisory Service	<a href="http://www.there-for-you-advisory-service.com">www.there-for-you-advisory-service.com</a>	0800 024 6284
Match Mother – Mothers apart from their children	<a href="http://www.matchmothers.org">www.matchmothers.org</a>	0800 689 4104

## FOOD AND FOOD BANK/HYGIENE BANK

Tamworth Food Bank	<a href="https://tamworth.foodbank.org.uk">https://tamworth.foodbank.org.uk</a>	01827 302431
Tamworth Hygiene Bank	<a href="https://www.facebook.com/thehygienebanktamworth/">https://www.facebook.com/thehygienebanktamworth/</a>	Tamworthhygienebank@gmail.com
Sacred Heart HOT Shop, Glascote, Tamworth	<a href="http://www.facebook.com/HeartofTamworthCommunityProject/">www.facebook.com/HeartofTamworthCommunityProject/</a>	01827 259955
I Care Cuisine	<a href="https://www.icarecuisine.co.uk">https://www.icarecuisine.co.uk</a>	01889 584 444
Wiltshire Farm Foods	<a href="http://www.wiltshirefarmfoods.com">www.wiltshirefarmfoods.com</a>	01384 262 555
Tamworth Pantry	<a href="http://www.facebook.com/p/Tamworth-Pantry-100068948163434/">www.facebook.com/p/Tamworth-Pantry-100068948163434/</a>	07434 676 615

## FUEL AND BILLS AND POVERTY

Beat the Cold	<a href="http://www.beatcold.org.uk">www.beatcold.org.uk</a>	0800 389 2258 or 01782 914 915
Citizens Advice Bureau	<a href="http://www.citizensadvicemidmercia.org.uk">www.citizensadvicemidmercia.org.uk</a>	08082 787 972
National Energy Action Action for Warm Homes	<a href="http://www.nea.org.uk/who-we-are/about-nea/">www.nea.org.uk/who-we-are/about-nea/</a>	Energy Advice 0800 304 7159  Benefit Advice 0800 138 8218

## FURNITURE AND WHITE GOODS

Number Eight Charity	<a href="https://numbereighttamworth.org.uk/shop-with-number-eight/">https://numbereighttamworth.org.uk/shop-with-number-eight/</a>	01827 429 038
Bargain Hunts	<a href="http://www.facebook.com/Bargainhuntstamworth/?locale=en_GB">ww.facebook.com/Bargainhuntstamworth/?locale=en_GB</a>	07790 746 748
YMCA	<a href="http://www.ymca.org.uk/shops">www.ymca.org.uk/shops</a>	01827 67759

## HEALTH AND WELLBEING

Everyone Health Weight Management	<a href="https://staffordshire.everyonehealth.co.uk">https://staffordshire.everyonehealth.co.uk</a>	0333 005 0095
Menopause Support Group Lichfield	<a href="http://www.thebestof.co.uk/local/lichfield/community-hub/local-guides/view/positive-menopause/">www.thebestof.co.uk/local/lichfield/community-hub/local-guides/view/positive-menopause/</a>	Julie@eatwelltobewell.co.uk

## HOMELESS

CRISIS	<a href="http://www.crisis.org.uk/get-help/birmingham/">www.crisis.org.uk/get-help/birmingham/</a>	0121 348 7950
Tamworth Borough Council	<a href="http://www.tamworth.gov.uk/help-if-you-are-homeless">www.tamworth.gov.uk/help-if-you-are-homeless</a>	01827 709 709 Option 1
Street Link	<a href="https://thestreetlink.org.uk">https://thestreetlink.org.uk</a>	enquiries@thestreetlink.org.uk
Pathway Project	<a href="http://www.pathway-project.co.uk/services/refuge/">www.pathway-project.co.uk/services/refuge/</a>	01543 676 800
YMCA	<a href="https://burtonymca.org">https://burtonymca.org</a>	01283 538 802

## HOUSING

Tamworth Borough Council	<a href="http://www.tamworth.gov.uk/finding-home">www.tamworth.gov.uk/finding-home</a>	01827 709 709
Bromford Housing Group	<a href="http://www.bromford.co.uk/find-a-home/">www.bromford.co.uk/find-a-home/</a>	0330 1234 034
Clarion Housing	<a href="http://www.myclarionhousing.com/find-a-home">www.myclarionhousing.com/find-a-home</a>	0300 500 8000
Derwent Living	<a href="http://www.placesforpeople.co.uk/find-a-home/homes-to-rent">www.placesforpeople.co.uk/find-a-home/homes-to-rent</a>	020 7843 3820
Elim Housing Association	<a href="http://www.elimhousing.co.uk/finding-a-home/">www.elimhousing.co.uk/finding-a-home/</a>	01454 411172
Anchor Specialist Housing for Later Life	<a href="http://www.anchor.org.uk">www.anchor.org.uk</a>	0800 731 2020
Midland Heart Housing Association	<a href="http://www.midlandheart.org.uk/find-a-home/">www.midlandheart.org.uk/find-a-home/</a>	0345 60 20 540
Tamworth Cornerstone For single people 16-25	<a href="http://www.tcha.org.uk">www.tcha.org.uk</a>	01827 319918
Mutual House Exchange	<a href="http://www.houseexchange.org.uk">www.houseexchange.org.uk</a>	01827 709 709

## HOUSING – SHELTERED SCHEMES

Tamworth Borough Council Sheltered Housing Schemes	<a href="http://www.tamworth.gov.uk/sheltered-housing-schemes">www.tamworth.gov.uk/sheltered-housing-schemes</a>	Ankermoor Court, Rene Road, Bolehall 01827 65886
Tamworth Borough Council Sheltered Housing Schemes	<a href="http://www.tamworth.gov.uk/sheltered-housing-schemes">www.tamworth.gov.uk/sheltered-housing-schemes</a>	Annandale, Ellerbeck, 01827 896264
Tamworth Borough Council Sheltered Housing Schemes	<a href="http://www.tamworth.gov.uk/sheltered-housing-schemes">www.tamworth.gov.uk/sheltered-housing-schemes</a>	Bright Crescent, Kettlebrook 01827 288367
Tamworth Borough Council Sheltered Housing Schemes	<a href="http://www.tamworth.gov.uk/sheltered-housing-schemes">www.tamworth.gov.uk/sheltered-housing-schemes</a>	Burns Road, Leyfields and Magnolia, Amington 0752 863 0051
Tamworth Borough Council Sheltered Housing Schemes	<a href="http://www.tamworth.gov.uk/sheltered-housing-schemes">www.tamworth.gov.uk/sheltered-housing-schemes</a>	Cheatle Court, Hedging Lane 01827 280380
Tamworth Borough Council Sheltered Housing Schemes	<a href="http://www.tamworth.gov.uk/sheltered-housing-schemes">www.tamworth.gov.uk/sheltered-housing-schemes</a>	Edward Court, St George's Way 01827 53160
Tamworth Borough Council Sheltered Housing Schemes	<a href="http://www.tamworth.gov.uk/sheltered-housing-schemes">www.tamworth.gov.uk/sheltered-housing-schemes</a>	Glenfield, Lower Park 01827 286347
Tamworth Borough Council Sheltered Housing Schemes	<a href="http://www.tamworth.gov.uk/sheltered-housing-schemes">www.tamworth.gov.uk/sheltered-housing-schemes</a>	Oakendale, Pennymoor Road 01827 896770
Tamworth Borough Council Sheltered Housing Schemes	<a href="http://www.tamworth.gov.uk/sheltered-housing-schemes">www.tamworth.gov.uk/sheltered-housing-schemes</a>	Sunset Close, Town Centre 07891 052192
Tamworth Borough Council Sheltered Housing Schemes	<a href="http://www.tamworth.gov.uk/sheltered-housing-schemes">www.tamworth.gov.uk/sheltered-housing-schemes</a>	Thomas Hardy Court, Goldsmith Place, Leyfields 01827 305424

## LIBRARIES

Tamworth Library	<a href="http://ww.staffordshire.gov.uk/Libraries/branchlibraries/TamworthLibrary/TamworthLibrary.aspx">ww.staffordshire.gov.uk/Libraries/branchlibraries/TamworthLibrary/TamworthLibrary.aspx</a>	01827 782124
Glascote Community Library	<a href="http://www.staffordshire.gov.uk/Libraries/branchlibraries/GlascoteLibrary/GlascoteLibrary.aspx">www.staffordshire.gov.uk/Libraries/branchlibraries/GlascoteLibrary/GlascoteLibrary.aspx</a>	01827 782 122
Wilnecote Library	N/A	01827 475147

## LONG TERM MEDICAL CONDITIONS

Sensory Support Staffordshire County Council	<a href="http://www.staffordshire.gov.uk/Advice-support-and-care-for-adults/Help-and-support-with-daily-living/Sensory/Sensory-support.aspx">www.staffordshire.gov.uk/Advice-support-and-care-for-adults/Help-and-support-with-daily-living/Sensory/Sensory-support.aspx</a>	0300 111 8010
Parkinson's	<a href="http://www.parkinsons.org.uk">www.parkinsons.org.uk</a>	0808 800 0303
Parkinson's Tamworth Support Group	<a href="https://localsupport.parkinsons.org.uk/provider/tamworth-support-group">https://localsupport.parkinsons.org.uk/provider/tamworth-support-group</a>	0300 123 3673
East Staffordshire and Surrounds Diabetes UK Patient Network	Meet at Sacred Heart Church, Silver Link Road, Tamworth	0759 037 9892
Diabetes UK	<a href="http://www.diabetes.org.uk">www.diabetes.org.uk</a>	0345 123 2399
Alzheimer's Society	<a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>	0333 150 3456
Multiple Sclerosis Trust	<a href="https://mstrust.org.uk">https://mstrust.org.uk</a>	0800 2032 38 39
MS Society	<a href="http://www.mssociety.org.uk">www.mssociety.org.uk</a>	0808 800 8000
Memory Café, Sacred Heart Church, Tamworth	<a href="http://www.homeinstead.co.uk/tamworth-lichfield/blog/tamworth-memory-cafe/">www.homeinstead.co.uk/tamworth-lichfield/blog/tamworth-memory-cafe/</a>	01827 431 002
Tamworth Wellbeing Cancer Support Centre	<a href="http://www.tamworth-wellbeing-cancer-support.com">www.tamworth-wellbeing-cancer-support.com</a>	01827 899 590 or 07368 265 984
Stroke Group Tamworth Speakability Group	<a href="http://www.stroke.org.uk/finding-support/clubs-and-groups/tamworth-speakability-group">www.stroke.org.uk/finding-support/clubs-and-groups/tamworth-speakability-group</a>	07485 084 747
Headway The Brain Injury Association -Tamworth Support Group	<a href="http://www.headway.org.uk/supporting-you/in-your-area/groups-and-branches/west-midlands/headway-tamworth-and-lichfield/">www.headway.org.uk/supporting-you/in-your-area/groups-and-branches/west-midlands/headway-tamworth-and-lichfield/</a>	07974 945028
Headway The Brain Injury Association	<a href="http://www.headway.org.uk">www.headway.org.uk</a>	0808 800 22 44
Tamworth Stroke Patients and their Carers Group	N/A	01827 285791



## MENTAL HEALTH SUPPORT

Mental Health and Social Inclusion Hub	<a href="http://www.mpft.nhs.uk/services/mental-health-community-services">www.mpft.nhs.uk/services/mental-health-community-services</a>	0808 196 3002
Talking Therapies (Previously Wellbeing Matters)	<a href="https://staffsandstoketalkingtherapies.nhs.uk">https://staffsandstoketalkingtherapies.nhs.uk</a>	01827 263 838
Crisis Text Line Shout	<a href="http://www.crisistextline.uk">www.crisistextline.uk</a>	Text SHOUT to 85258
Changes Tamworth CHOICES	<a href="http://www.changestamworth.com/about-us">www.changestamworth.com/about-us</a> <a href="https://sites.google.com/view/choices-cic/">https://sites.google.com/view/choices-cic/</a>	01827 311 006 01827 59376
Mind Burton and District	<a href="http://www.burtonmind.co.uk">www.burtonmind.co.uk</a>	01283 566696
Young Minds	<a href="http://www.youngminds.org.uk/young-person/your-guide-to-support/reaching-out-for-help/#Wheretofindsupport">www.youngminds.org.uk/young-person/your-guide-to-support/reaching-out-for-help/#Wheretofindsupport</a>	Parents Helpline 0808 802 5544
Samaritans	<a href="http://www.samaritans.org">www.samaritans.org</a>	116 123
Youth Access Aged 11 - 25	<a href="http://www.youthaccess.org.uk">www.youthaccess.org.uk</a>	020 8772 9900
Childline Under 19	<a href="http://www.childline.org.uk">www.childline.org.uk</a>	0800 11 11
Safe Haven Crisis Café Sacred Heart Church Glascote, Tamworth	<a href="http://www.burtonmind.co.uk/safehaven">www.burtonmind.co.uk/safehaven</a>	07380 460 551
Every Mind Matters	<a href="http://www.nhs.uk/every-mind-matters/">www.nhs.uk/every-mind-matters/</a>	N/A
Staffordshire Network For Mental Health	<a href="http://www.snmfh.org">www.snmfh.org</a>	07591 924 728
Brighter Futures	<a href="http://www.brighter-futures.org.uk/staffordshire-mental-health-helpline/">www.brighter-futures.org.uk/staffordshire-mental-health-helpline/</a>	Call 0808 800 2234 Text 07860 022821
Bipolar UK	<a href="http://ww.bipolaruk.org">ww.bipolaruk.org</a>	N/A
NHS Self Help Guides	<a href="https://web.nrw.nhs.uk/selfhelp/">https://web.nrw.nhs.uk/selfhelp/</a>	N/A
WELLIES Project	<a href="https://welliesproject.org.uk">https://welliesproject.org.uk</a>	07971 666 474 or 07767 844 921
The Wellbeing and Recovery College	<a href="https://recovery.mpft.nhs.uk">https://recovery.mpft.nhs.uk</a>	01785 221257 or 07891 099460
Mentell Men, is it time to talk?	<a href="http://www.mentell.org.uk">www.mentell.org.uk</a>	<a href="http://www.facebook.com/mentellcharity">www.facebook.com/mentellcharity</a>
No Panic	<a href="https://nopanics.org.uk">https://nopanics.org.uk</a>	0300 772 9844
Wellbeing for Disabled People and Families	<a href="https://spokzpeople.org.uk">https://spokzpeople.org.uk</a>	01543 399 760

## PLACES OF WELCOME

Places of Welcome are open to everyone regardless of their circumstances or situation and are staffed by volunteers. A place where people actively listen to one another. Offering free refreshments (at least a cup of tea and a biscuit) and basic local information. An accessible and hospitable building, open at the same time every week.

Tamworth Library Corporation Street B79 7DN	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Thursday 2pm – 4pm
Tamworth Castle Bowls Club Ladybank. B79 7NB	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Wednesday 1.30pm – 3.30pm
St Andrews Methodist Church Thackeray Drive. B79 8HY	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Thursday 11am – 1pm
Tamworth Baptist Church Derwent, Belgrave. B77 2LD	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Monday 9am – 12noon
Self Sufficient Children Opposite 209 Lichfield Street, Fazeley. B78 3QF	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Tuesday 3pm – 5pm
Bancroft Community Centre 207a Bancroft, Glascote B77 2EX	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Tuesday and Thursday 10am – 2pm
St Peter's Church Hawksworth, Glascote. B77 2HH	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Friday 9am – 11am
Amington Church The Green. B77 4AD	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Thursday 2pm – 4pm
Manna House Coffee Shop Tamworth Elim Church 258-264 Glascote Road B77 2AT	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Tuesday and Thursday 11am – 1pm
Wilnecote Congregational Church Glascote Lane, Wilnecote. B77 2PH	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Wednesday 2pm – 4pm
St Martin in the Delph Community Coffee Shop Ellerbeck, Stonydelph B77 4JA	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Tuesday 10am – 1pm
Community Together CIC Offa House, Orchard Street. B79 7RE	<a href="https://www.placesofwelcome.org.uk/">https://www.placesofwelcome.org.uk/</a>	Monday 10am – 2pm

## SAFEGUARDING

Staffordshire County Council	<a href="http://www.staffordshire.gov.uk/Contact/Advice-support-and-care-for-adults/Report-abuse-of-an-adult.aspx">www.staffordshire.gov.uk/Contact/Advice-support-and-care-for-adults/Report-abuse-of-an-adult.aspx</a>	Adult Safeguarding 0345 604 2719
Staffordshire County Council	<a href="http://www.staffordshire.gov.uk/Education/Education-welfare/Child-protection.aspx">ww.staffordshire.gov.uk/Education/Education-welfare/Child-protection.aspx</a>	Child Safeguarding 0800 131 3126
Crime Stoppers	<a href="https://crimestoppers-uk.org/news-campaigns/community/Staffordshire">https://crimestoppers-uk.org/news-campaigns/community/Staffordshire</a>	0800 555 111

## TRANSPORT

Tamworth Community Transport Services	N/A	01827 66632
Arriva	<a href="http://www.arrivabus.co.uk/find-a-service">www.arrivabus.co.uk/find-a-service</a>	0344 800 44 11
Bus Passes	<a href="http://www.staffordshire.gov.uk/Transport/buses/buspass/Nationalbuspass.aspx">www.staffordshire.gov.uk/Transport/buses/buspass/Nationalbuspass.aspx</a>	0300 111 8000
Medical Transport	<a href="http://www.ersmedical.co.uk">www.ersmedical.co.uk</a>	0800 035 6511
Healthwatch Information of NHS Transport	<a href="http://www.healthwatch.co.uk/advice-and-information/2023-09-26/do-you-need-help-travelling-nhs-services">www.healthwatch.co.uk/advice-and-information/2023-09-26/do-you-need-help-travelling-nhs-services</a>	0800 051 8371

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