

Staffordshire Healthy Ageing Partnership

Help us to create a plan for Healthy Ageing in Staffordshire!

Healthy Ageing is a priority for both the Staffordshire Health & Wellbeing Board, and the Staffordshire and Stoke-on-Trent Integrated Care System, and we want to create a plan together. The Staffordshire Healthy Ageing Partnership Group invites you to join us at one of our workshop events to help develop a plan for Staffordshire with input from a range of individuals and organisations across the community, public & private sector.

Outline Agenda:

Keynote Speech from Sir Muir Gray - Internationally Renowned Expert on Ageing

Healthy Ageing in Staffordshire 'Setting the Scene'

Voluntary & Community Perspective

Group Discussions:

- Living Independently
- Feeling Connected
- Healthy Living
- Taking a Strengths Based Approach
- Planning for Later Life

A great deal of wonderful work is already happening. We want to celebrate that and build upon it to ensure that we are reaching everyone, and giving people the opportunity to contribute towards their own health & wellbeing, and that of others.

If you are interested in attending one of our workshop events, click on the links below:

Tuesday 28th February 2023

9am - 1pm

Hednesford, Cannock

Thursday 30th March 2023

9am - 1pm

Port Vale, Stoke on Trent

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